

## Upledger Experiment in Electrical Resistance

CranioSacral Therapy: Touchstone for Natural Healing, p. 112

Set up a measurement of resistance in a tissue area in patients;  
varied conditions on each side of measured area.

No touch	Average 3 million ohms of resistance
Touch with both hands, no intention	Average 300,000 ohms
Touch with intention of “putting energy into the patient”	Initial drop to about 100,000 ohms, then a rise
Touch with asking to be led by the patient’s “inner physician”	50,000 ohms or lower; lowest ever was 400 ohms.

Materials inserted between hands and client made no difference: 1” rubber, lead shield, 2” wood, 1” plywood, 1/4” glass, 16 layers of aluminum foil, UV light filter (this alone reduced resistance further)