

5/28/15	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Mod. 1: Jan. 29-Feb. 1	Day 1 1/29/15	Day 2 1/30/15	Day 3 1/31/15	Day 4 2/1/15
FOUNDATIONS	Overview- Orientation, history review, demo with assessment; exercise review	General session review; demo session 1; trade session 1	Liverflush & diet; Review Level 1 slides Q&A, Trade session 2	Exercise session, Review Level 1 slides Q&A, Demo session 2; Resonance practice
Mod. 2: Feb. 26-Mar. 1	Day 5 2/26/15	Day 6 2/27/15	Day 7 2/28/15	Day 8 3/1/15
NERVOUS SYSTEMS 1	"Polarity Life Coach; NS Anatomy and hand positions; NS overview; demo session 1	De-Brief session; Practice 3ANS teaching; Brain Gym; Polarity counseling overview; trade session 1	Liverflush and Polarity tea; More NS overview (glial cells); Elements & Pia Mellody; trade session 2	Amygdala practice; Boundary practice; connecting emotions with symptoms; ANS session 2
Mod. 3: Apr. 9-12	Day 9 4/9/15	Day 10 4/10/15	Day 11 4/11/15	Day 12 4/12/15
ASSESSMENT	Business 1; APTA Standards; Embryology & van der Wal summary; Darwinism & Verhulst	Body reading & practice; dimensions practices	Pulse diagnosis	Body reading & practice
Mod. 4: May 14-17	Day 13 5/14/15	Day 14 5/15/15	Day 15 5/16/15	Day 16 5/17/15
CRANIOSACRAL & POLARITY	Overview & why they need each other; full spectrum care; Seifriz	Midlines & tides; Remote Viewing; Anatomy 1	Anatomy 2; Three-stage process	Skills of conversation; specific applications
Mod. 5: June 18-21	Day 17 6/18/15	Day 18 6/19/15	Day 19 6/20/15	Day 20 6/21/15
IMMUNE SYSTEM SUPPORT	Cleansing practices for the 5 Elements; Stress response	Lymph session	Working with Sleep disorders	Environmental factors including EMFs
Mod. 6: Aug. 20-23	Day 21 8/20/15	Day 22 8/21/15	Day 23 8/22/15	Day 24 8/23/15
VISCERA & DIGESTION	Anatomy; Colon Cleansing and session strategies	Working with Viscera: Kidneys	Viscera: Lungs session	Working with Headaches
Mod. 7: Sept. 17-20	Day 25 9/17/15	Day 26 9/18/15	Day 27 9/19/15	Day 28 9/20/15
FAMILY SYSTEMS	Polarity counseling families overview; Relationships; Business 2	Sex & reproductive issues; fertility	Working with couples; verbal practice; Family constellations	Working with Hospice, death & dying
Mod. 8: Oct. 22-25	Day 29 10/22/15	Day 30 10/23/15	Day 31 10/24/15	Day 32 10/25/15
STRUCTURE & FASCIA	Anatomy; Structural assessment; short leg; Business intro	"Three Geometries"; Structural work 1- short leg & sacrum	Structural work 2- spine & spine injuries	Fascia methods; Working with joints & sports injuries; TMJ
Mod. 9: Dec. 3-6	Day 33 12/3/15	Day 34 12/4/15	Day 35 12/5/15	Day 36 12/6/15
PREGNANCY & BIRTH	More Embryology; Working with pregnancy	Working with birth time	Working with Babies	Ignition; Birth session
Mod. 10: Jan. 21-24	Day 37 1/21/16	Day 38 1/22/16	Day 39 1/23/16	Day 40 1/24/16
HEART	Purifying Diet & Spring Cleaning; Heart overview	Heart Embryology; Demo session; heart videos	Heart Anatomy and Polarity strategies; Guasp videos	Working with heart problems
Mod. 11: Feb. 18-21	Day 41 2/18/16	Day 42 2/19/16	Day 43 2/20/16	Day 44 2/21/16
COUNSELING 2	Food combining; Summary of Polarity Counseling; Trade sessions	Haramain clips; Demo & Practice	Dan Winter clips; Demo & Practice	Counseling review; demo & practice
Mod. 12: Mar 31-Apr 3	Day 45 3/31/16	Day 46 4/1/16	Day 47 4/2/16	Day 48 4/3/16
BUSINESS & ETHICS	Ethics overview; Business 3; Positioning Statement assignment	Demo session; Presentation by student; Hallucis tendon; Practice open table work	Presentation by student; Test; Practice 2-chair facilitation	Presentation by student; Appendix E and Dr. Stone charts review
Mod. 13: May 5-8	Day 49 5/5/16	Day 50 5/6/201	Day 51 5/7/16	Day 52 5/8/16
COMPLETIONS	Filaments; demo AWCS; trade sessions	Ethics; Demo session; Polarity Standards & history	Pia Mellody review; Liverflush; two chair practice	Positioning statements, 2-chair practice; Purifying potluck